

Tenth Annual
Bank of Kinderhook
OK 5k
June 6, 2009

Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
1	Emory Mort	26	M	GHENT	NY	1	16	14:44	4:45
2	Justin Bishop	28	M	ROESSLEVILLE	NY	2	16	15:18	4:56
3	Macky Lloyd	19	M	Voorheesville	NY	1	10	15:41	5:03
4	Pat Cullen	23	M	Albany	NY	1	12	15:44	5:04
5	Dave Vona	26	M	Valatie	NY	3	16	15:48	5:06
6	Bradley Lewis	22	M	Troy	NY	2	12	16:23	5:17
7	Eric Haywood	23	M	Great Barrington	MA	3	12	16:28	5:18
8	Edward Crowley	27	m	Flagstaff	AZ	4	16	16:28	5:18
9	Ben Greenberg	40	M	VOORHEESVILLE	NY	1	21	17:08	5:31
10	Joseph Pienta	26	M	Brooklyn	NY	5	16	17:34	5:40
11	Justin Pangie	24	M	STUYVESANT	NY	4	12	17:40	5:41
12	Brian Northan	34	M	Guilderland	NY	1	17	17:46	5:44
13	Rick Munson	52	M	PRATTSVILLE	NY	1	38	18:01	5:48
14	Vladimir Ilin	51	M	Albany	NY	2	38	18:03	5:49
15	Sean Cummings	51	M	STUYVESANT	NY	3	38	18:29	5:57
16	Tom Fraser	36	M	Valatie	NY	1	18	18:30	5:57
17	Dan Cantwell	48	M	MC KOWNVILLE	NY	1	20	18:31	5:58
18	Chuck Heaphy	45	M	Brooklyn	NY	2	20	18:32	5:58
19	Amanda Jinks	28	F	Brooklyn	NY	1	32	18:34	5:59
20	Pete Nabozny	25	M	BROOKLYN	NY	6	16	18:37	6:00
21	Thomas Hartnett Jr	20	M	ROTERDAM	NY	5	12	18:55	6:06
22	Bradon Connor	16	M	HUDSON	NY	1	8	18:58	6:07
23	Karen E Dolge	38	F	Valatie	NY	1	24	18:59	6:07
24	Kyle Foster	16	M	CASTLETON ON HU	NY	2	8	19:05	6:09
25	Jordan Healy	13	M	Castleton	NY	1	44	19:06	6:09
26	Steve Seabury	40	M	Old Chatham	NY	2	21	19:17	6:13
27	Carl Matuszek	57	M	CHATHAM	NY	1	25	19:18	6:13
28	Anthony Altobelli	16	M	Kinderhook	NY	2	10	19:24	6:15
29	Matthew Phillips	21	M	Kinderhook	NY	6	12	19:25	6:15
30	Walter Butler	43	M	Philmont	NY	3	21	19:31	6:17
31	Kenneth Pierce	41	M	Hudson	NY	4	21	19:36	6:19
32	Michael J. Bromm	49	M	VALLEY FALLS	NY	3	20	19:36	6:19
33	Jack Connor	49	M	HUDSON	NY	4	20	19:37	6:19
34	Blaine Freadman	45	M	Pittsfield	MA	5	20	19:44	6:22
35	Thomas Accuosti	18	M	Valatie	NY	3	10	19:47	6:22
36	Bryan Murray	32	M	Stuyvesant	NY	2	17	19:52	6:24
37	John arisella	51	M	SCHENECTADY	NY	4	38	19:54	6:25
38	Paul Forbes	58	M	Colonie	NY	2	25	20:01	6:27
39	Daniel Messier	28	M	ALBANY	NY	7	16	20:17	6:32
40	Nicholas Accuosti	16	M	Valatie	NY	4	10	20:19	6:33
41	Michael Nabozny	26	M	VALATIE	NY	8	16	20:20	6:33
42	Laura Straw	22	F	Menands	NY	1	12	20:26	6:35
43	Ace Curtiss	55	M	Great Barrington	MA	3	25	20:27	6:35
44	Glenn Berninger	45	M	Ghent	NY	6	20	20:44	6:41
45	Ed Oldrich	36	M	Valatie	NY	2	18	20:46	6:41
46	Thomas Eastman	29	M	STUYVESANT	NY	9	16	20:49	6:42
47	Thomas Locascio	50	M	Albany	NY	5	38	20:51	6:43
48	Robert Mokszychi	23	M	HUDSON	NY	7	12	20:51	6:43

49	Demetrius Kramarchy	18	M	Kinderhook	NY	5	10	20:59	6:45
50	Corey Kruse	28	M	LATHAM	NY	10	16	21:02	6:47

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	====	=	=====	==	=====	=====	=====	=====
51	Richard Hartshorn	53	M	TACONIC LAKE	NY	6	38	21:09	6:49
52	Martin Gordinier	38	M	DELMAR	NY	3	18	21:11	6:50
53	Dale Berlin	27	M	COHOES	NY	11	16	21:12	6:50
54	Roger Liberman	49	M	NEW YORK	NY	7	20	21:12	6:50
55	Tom McManus	50	M	ATHENS	NY	7	38	21:15	6:51
56	Kim Seabury	41	F	Old Chatham	NY	1	33	21:18	6:52
57	Ian Myers	14	M	Castleton	NY	2	44	21:46	7:01
58	Rosalynn Frederick	33	F	Hillsdale	NY	1	29	21:50	7:02
59	Alucia Scalzo	30	F	new york	NY	2	29	21:53	7:03
60	Ty Knamm	40	M	Rome	NY	5	21	21:57	7:04
61	Ray Framarin	54	M	Valatie	NY	8	38	22:05	7:07
62	Kevin Maloy	52	M	Valatie	NY	9	38	22:06	7:07
63	Daniel Prosser	58	M	Philmont	NY	4	25	22:12	7:09
64	Steve Reddy	43	M	Stuyvesant Fall	NY	6	21	22:13	7:09
65	Jon Meredith	42	M	Kinderhook	NY	7	21	22:14	7:10
66	Ethan Samarija	10	M	CASTLETON ON HU	NY	3	44	22:15	7:10
67	Harry Matrese	54	M	RENSSELAER	NY	10	38	22:15	7:10
68	Teresa Warner Maiur	43	F	GHENT	NY	2	33	22:17	7:11
69	Frank Healy	48	M	Castleton	NY	8	20	22:17	7:11
70	Tyler Zeh	15	M	Niverville	NY	6	10	22:20	7:12
71	Jim Fiore	61	M	LATHAM	NY	1	8	22:21	7:12
72	Paul Szafizan	34	M	HUDSON	NY	3	17	22:25	7:13
73	Jolene Hlavaty	32	F	NEWCOMB	NY	3	29	22:26	7:13
74	Joy DeVries	55	F	DELMAR	NY	1	9	22:26	7:14
75	Aaron Louridas	34	M	schenectady	NY	4	17	22:29	7:14
76	Luyas VanAlstyne	13	M	KINDERHOOK	NY	4	44	22:30	7:15
77	Blake Johnson	28	F	KINDERHOOK	NY	2	32	22:46	7:20
78	Mike Kipp	47	M	Kinderhook	NY	9	20	22:50	7:21
79	Susan Wong	61	F	GLENMONT	NY	1	6	22:52	7:22
80	Vincen Pierce	15	M	HUDSON	NY	7	10	22:52	7:22
81	Joyce Poulin	48	F	Amsterdam	NY	1	31	22:53	7:22
82	Evan Burgess	11	M	New Lebanon	NY	5	44	22:56	7:23
83	Christine Nelson	29	F	VALATIE	NY	3	32	22:57	7:23
84	Bill Jennings	52	M	Columbiaville	NY	11	38	22:59	7:24
85	John Bonetsky	33	M	NIVERVILLE	NY	5	17	22:59	7:24
86	Glenn Herbert	51	M	Kinderhook	NY	12	38	23:03	7:25
87	john rootes	56	M	rensselaer	NY	5	25	23:08	7:27
88	Mary DeVries	13	F	DELMAR	NY	1	42	23:13	7:29
89	Erik Hansen	16	M	Valatie	NY	8	10	23:16	7:30

90	Shylah Weber	21	F	Nassau	NY	2	12	23:17	7:30
91	John Baumeister	33	M	Castleton	NY	6	17	23:20	7:31
92	Kosia Geiger	14	F	VALATIE	NY	2	42	23:24	7:32
93	Richard Phillips	54	M	Kinderhook	NY	13	38	23:25	7:33
94	Lindsay Ravenscraft	13	F	MARIETTA	GA	3	42	23:28	7:34
95	Mary McPartlan	13	F	MARIETTA	GA	4	42	23:30	7:34
96	Gerard McPartlan	50	M	MARIETTA	GA	14	38	23:38	7:37
97	Dan Leinung	24	M	Valatie	NY	8	12	23:39	7:37
98	Jakob Yager	14	M	Castleton	NY	6	44	23:39	7:37
99	Austin Decker	9	M	Castleton	NY	7	44	23:40	7:37
100	Bryce Perry	12	M	CASTLETON ON HU	NY	8	44	23:41	7:38

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divtto	Time	Pace
101	Daniel Ernst	44	M	COHOES	NY	8	21	23:46	7:39
102	Despina Leandrou	46	F	STOTTVILLE	NY	2	31	23:46	7:39
103	Arthur Thornton	37	M	west springfiel	MA	4	18	23:47	7:40
104	Bill Platt	55	M	HAGAMAN	NY	6	25	23:51	7:41
105	Brian Kelly	53	M	Valatie	NY	15	38	23:54	7:42
106	Thomas Stein	14	M	VALATIE	NY	9	44	23:55	7:42
107	Somer Connolly	13	F	Castleton	NY	5	42	23:56	7:43
108	Josh Gilly	20	M	KINDERHOOK	NY	9	12	23:57	7:43
109	Bill Barford	56	M	Valatie	NY	7	25	23:59	7:43
110	Linda Reed	51	F	Ghent	NY	1	18	24:01	7:44
111	Timothy Lesar	54	M	Mechanicville	NY	16	38	24:05	7:45
112	David Paul Durkin	60	M	Rensselaer	NY	2	8	24:07	7:46
113	J. Mark Browne	52	M	Kinderhook	NY	17	38	24:09	7:47
114	Hannah Riordan	14	F	Nassau	NY	6	42	24:10	7:47
115	Rick Cummings	44	M	Loudonville	NY	9	21	24:11	7:47
116	matthew hanley	37	M	brooklyn	NY	5	18	24:14	7:48
117	Lisa Labrie	44	F	STUYVESANT	NY	3	33	24:14	7:48
118	Stephen Chenette	59	M	East Greenbush	NY	8	25	24:19	7:50
119	Devin Collins	18	M	KINDERHOOK	NY	3	8	24:21	7:51
120	Carolyn Jolly	17	F	North Chatham	NY	1	8	24:23	7:51
121	Reny Hoffman	11	M	CASTLETON ON HU	NY	10	44	24:24	7:52
122	Bill Marinello	50	M	SLINGERLANDS	NY	18	38	24:25	7:52
123	Sydney Sericolo	13	F	VALATIE	NY	7	42	24:28	7:53
124	Bob Cowen	44	M	Malta	NY	10	21	24:33	7:54
125	Richard Baker	35	M	Rensselaer	NY	6	18	24:41	7:57
126	Joe Dolan	41	M	KINDERHOOK	NY	11	21	24:43	7:58
127	Linda Seymour	45	F	DELMAR	NY	3	31	24:45	7:58
128	Miroslaw Hardek	50	M	KINDERHOOK	NY	19	38	24:46	7:59
129	Sherry Gildersleeve	42	F	Clermont	NY	4	33	24:52	8:00
130	Mark Fleszar	59	M	Troy	NY	9	25	24:52	8:01

131	Alysa Kelly	11	F	Castleton	NY	8	42	24:52	8:01
132	Julie Keating	39	F	Kinderhook	NY	2	24	24:55	8:01
133	Robert Gilchrist	15	M	CROPSEYVILLE	NY	4	8	24:57	8:02
134	Deryck Culley	39	M	Chatham	NY	7	18	24:58	8:02
135	James Louison	54	M	AMSTERDAM	NY	20	38	24:59	8:03
136	Barry Lambert	39	M	Castleton	NY	8	18	25:02	8:04
137	Chuck Shattenkirk	49	M	VALATIE	NY	10	20	25:10	8:06
138	David Sherwood	37	M	Castleton	NY	9	18	25:12	8:07
139	Matthew VanDerbeck	36	M	Kinderhook	NY	10	18	25:13	8:07
140	Jackson Krebs	13	M	SWAN LAKE	NY	11	44	25:13	8:07
141	Patricia Krebs	44	F	SWAN LAKE	NY	5	33	25:15	8:08
142	Peter Aitken	12	M	CASTLETON ON HU	NY	12	44	25:19	8:09
143	nanette hatch	43	F	waterford	NY	6	33	25:21	8:10
144	Jayne Zinke	66	F	Valatie	NY	1	7	25:22	8:10
145	Caron Kramer	30	F	Guttenberg	NJ	4	29	25:24	8:11
146	MaryKate Hotaling	38	F	Baton Rouge	LA	3	24	25:27	8:12
147	Michael Laudati	49	M	STOTTVILLE	NY	11	20	25:29	8:12
148	Michael Fish	14	M	Castleton	NY	13	44	25:31	8:13
149	Brian Daggett	54	M	KINDERHOOK	NY	21	38	25:33	8:14
150	Christine Baccaro	35	F	Chatham	NY	4	24	25:33	8:14

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	====	=	=====	==	=====	=====	=====	=====
151	Richard Valliere	55	M	Stuyvesant	NY	10	25	25:35	8:14
152	Samantha Murphy	30	F	STUYVESANT FALL	NY	5	29	25:36	8:15
153	Stefanie Pitts	34	F	Schenectady	NY	6	29	25:36	8:15
154	Matt Farragher	15	M	North Chatham	NY			25:37	8:15
155	Karen Baumeister	30	F	Castleton	NY	7	29	25:37	8:15
156	Paul Scott	11	M	Nassau	NY	14	44	25:43	8:17
157	jennifer austin	33	F	stephentown	NY	8	29	25:44	8:17
158	Erica Febus-Akers	33	F	Valatie	NY	9	29	25:44	8:17
159	Kimberly Leedy	37	F	TIVOLI	NY	5	24	25:45	8:18
160	Mathew Cabral	29	M	Newton Centre	MA	12	16	25:45	8:18
161	Ricky Pierre	29	M	ROESSLEVILLE	NY	13	16	25:47	8:18
162	Kathi Davi	51	F	Hudson	NY	2	18	25:47	8:18
163	Judsen Hoffman	13	M	MC KOWNVILLE	NY	15	44	25:49	8:19
164	Kelly Framarin	28	F	Glenville	NY	4	32	25:50	8:19
165	John Collins	50	M	Kinderhook	NY	22	38	25:50	8:19
166	Cameron Lankeau	9	F	Catleton	NY	9	42	25:51	8:19
167	Stacey Meissner	29	F	Stuyvesant	NY	5	32	25:51	8:20
168	Richard Theriault	38	M	Pittsfield	MA	11	18	25:52	8:20
169	Madeline Connolly	45	F	Castleton	NY	4	31	25:53	8:20
170	Jill Turner	31	F	Hudson	NY	10	29	25:56	8:21
171	Shannon Steltz	30	F	Valatie	NY	11	29	25:56	8:21

172	Jon Cavagnaro	28	M	KINDERHOOK	NY	14	16	25:57	8:21
173	James Tansey	61	M	Valatie	NY			25:57	8:22
174	Siarra Smalley	24	F	chatham	NY	3	12	25:58	8:22
175	David White	33	M	New York	NY	7	17	25:59	8:22
176	Allyson Webster	37	F	Stuyvesant	NY	6	24	26:01	8:23
177	Alix Messier	27	F	ALBANY	NY	6	32	26:02	8:23
178	Katie Pasko	40	F	Castleton	NY	7	33	26:02	8:23
179	Elaine Chi	25	F	VALATIE	NY	7	32	26:03	8:23
180	Karen Brady	44	F	Castleton on th	NY	8	33	26:05	8:24
181	Bob McHugh	19	M	VALATIE	NY	9	10	26:05	8:24
182	Krista Applebee	39	F	DELMAR	NY	7	24	26:07	8:25
183	Brian Browne	51	M	Delmar	NY	23	38	26:10	8:26
184	Gerald Sun	65	M	Brooklyn	NY	1	3	26:12	8:26
185	Chloe Meltz	16	F	Columbiaville	NY	2	8	26:15	8:27
186	Pamela Miller	39	F	Hudson	NY	8	24	26:16	8:27
187	Russell Monroe	53	M	CHATHAM	NY	24	38	26:16	8:28
188	Bill Mathews	55	M	Kinderhook	NY	11	25	26:18	8:28
189	Tammy Kipp	48	F	Kinderhook	NY	5	31	26:20	8:29
190	Rhobie Currie	28	F	ALBANY	NY	8	32	26:24	8:30
191	Tom Currie	33	M	ALBANY	NY	8	17	26:25	8:31
192	John Myers	45	M	Castleton	NY	12	20	26:27	8:31
193	David O'Donnell Jr	44	M	Castleton	NY	12	21	26:35	8:34
194	Jessica VanAlstyne	18	F	KINDERHOOK	NY	3	8	26:37	8:34
195	Dana VanAlstyne	47	F	Kinderhook	NY	6	31	26:38	8:35
196	Ralph Gartner	41	M	VALATIE	NY	13	21	26:38	8:35
197	Laurie Kelly	48	F	Valatie	NY	7	31	26:40	8:35
198	David Kolb	42	M	Niverville	NY	14	21	26:42	8:36
199	Jessica Duclos	28	F	South Burlingto	VT	9	32	26:46	8:37
200	Amanda Johnson	20	F	Kinderhook	NY	4	12	26:51	8:39

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)									
201	Amy Daggett	21	F	Kinderhook	NY	5	12	26:52	8:39
202	Bob Trautwine	34	M	South Burlingto	VT	9	17	26:53	8:40
203	Tahnee HEINS	34	F	VALATIE	NY	12	29	26:54	8:40
204	Anne Sager	41	F	voorheesville	NY	9	33	26:54	8:40
205	Thomas Miller	11	M	Castleton	NY	16	44	26:55	8:40
206	Steven Welch	49	M	SLINGERLANDS	NY	13	20	26:59	8:41
207	Katarina Lichak	10	F	Nassau	NY	10	42	26:59	8:41
208	James Higgins	47	M	Germantown	NY	14	20	27:03	8:43
209	Corey Grant	11	M	CASTLETON ON HU	NY	17	44	27:03	8:43
210	Steven Mueller	39	M	CASTLETON ON HU	NY	12	18	27:04	8:43
211	Juliet Smith	15	F	VALATIE	NY	4	8	27:04	8:43
212	Diana Swanson	48	F	Durham	NY	8	31	27:06	8:44

213	Jennifer Allison	28	F	Kinderhook	NY	10	32	27:11	8:45
214	Michele Wiltsie	41	F	CASTLETON ON HU	NY	10	33	27:11	8:45
215	Sharon Fellner	47	F	Schenectady	NY	9	31	27:12	8:46
216	Kevin Murphy	38	M	KINDERHOOK	NY	13	18	27:13	8:46
217	Alicia Mink	15	F	VALATIE	NY	5	8	27:14	8:46
218	Gavin Clark-Gartner	14	M	VALATIE	NY	18	44	27:15	8:47
219	John Montgomery	56	M	Clifton Park	NY	12	25	27:19	8:48
220	Jeremy Price	9	M	Castleton	NY	19	44	27:21	8:49
221	Sabrina Wolfe	10	F	CASTLETON ON HU	NY	11	42	27:22	8:49
222	Jerry Price	38	M	CASTLETON ON HU	NY	14	18	27:23	8:49
223	Michelle Raymond	38	F	east nassau	NY	9	24	27:23	8:49
224	Jessa Waterhouse	25	F	valatie	NY	11	32	27:24	8:49
225	James Waterhouse	54	M	Valatie	NY	25	38	27:24	8:49
226	Katie Rowley	27	F	Latham	NY	12	32	27:24	8:50
227	Nicholas Carner	11	M	CASTLETON ON HU	NY	20	44	27:25	8:50
228	Michael Bennett	41	M	Castleton	NY	15	21	27:26	8:50
229	Thomas Montgomery	58	M	Clifton Park	NY	13	25	27:26	8:50
230	Spencer Moore	21	M	VALATIE	NY	10	12	27:27	8:50
231	Karen Ressler	42	F	Kinderhook	NY	11	33	27:27	8:51
232	Kimberly Lovell	26	F	SCHENECTADY	NY	13	32	27:28	8:51
233	Cheryl Howe	29	F	Delmar	NY	14	32	27:29	8:51
234	Jason Goldberg	34	M	ROESSLEVILLE	NY	10	17	27:30	8:51
235	Randy Goldberg	51	M	ROTTERDAM	NY	26	38	27:30	8:52
236	Joy Sarris	52	F	Clifton Park	NY	3	18	27:32	8:52
237	Fred Anders	59	M	Valatie	NY	14	25	27:32	8:52
238	Suzannah Lynn	25	F	NASSAU	NY	15	32	27:33	8:52
239	Keri Walsh	27	F	MC KOWNVILLE	NY	16	32	27:33	8:52
240	Matthew McComb	31	M	MC KOWNVILLE	NY	11	17	27:33	8:53
241	Ken Polinskie	57	M	Claverack	NY	15	25	27:35	8:53
242	Laura Dellhunt	49	F	KINDERHOOK	NY	10	31	27:36	8:53
243	Kylie Watt	18	F	VALATIE	NY	6	8	27:37	8:54
244	Greg Benson	66	M	East Nassau	NY	2	3	27:37	8:54
245	Rebecca Rowley	30	F	Valatie	NY	13	29	27:38	8:54
246	Cori Drummond	32	F	Valatie	NY	14	29	27:39	8:54
247	Stephanie DeFrances	26	F	East Greenbush	NY	17	32	27:40	8:54
248	Brandon Vilorio	28	M	East Greenbush	NY	15	16	27:40	8:55
249	Margaret Phillips	56	F	East Schodack	NY	2	9	27:42	8:55
250	Elisa Schneider	43	F	TROY	NY	12	33	27:47	8:57

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Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
251	Mary Cantele	47	F	Hudson	NY	11	31	27:47	8:57
252	Aimee Strunk-Reinoe	43	F	Kinderhook	NY	13	33	27:47	8:57
253	Donna Smith	43	F	valatie	NY	14	33	27:48	8:57

254	Sandra Beer	49	F	EAST CHATHAM	NY	12	31	27:50	8:58
255	Felipe Londono	33	M	KINDERHOOK	NY	12	17	27:51	8:58
256	Chris Keating	39	M	KINDERHOOK	NY	15	18	27:52	8:58
257	Frank Barrie	59	M	ALBANY	NY	16	25	27:52	8:59
258	Martin Dolan	46	M	Niskayuna	NY	15	20	27:53	8:59
259	Nikki Hoose	34	F	Chatham	NY			27:57	9:00
260	Alyssa Boynton	21	F	Delmar	NY	6	12	27:57	9:00
261	Karen Smith	45	F	CASTLETON ON HU	NY	13	31	28:00	9:01
262	Damon Whimple	12	M	Castleton	NY	21	44	28:00	9:01
263	RAYMOND HINSKE	52	M	SHOREWOOD	IL	27	38	28:06	9:03
264	Elijah Neumann	9	M	Castleton	NY	22	44	28:07	9:03
265	Scott Duclos	30	M	Kinderhook	NY	13	17	28:09	9:04
266	Claudia Lardizabal	41	F	KINDERHOOK	NY	15	33	28:09	9:04
267	Lynn Dykeman	30	F	HUDSON	NY	15	29	28:10	9:04
268	Ryan Krupa	13	M	SCHODACK LANDIN	NY	23	44	28:11	9:05
269	Chase Honsinger	9	M	CASTLETON ON HU	NY	24	44	28:13	9:05
270	Peter Fish	50	M	Castleton	NY	28	38	28:22	9:08
271	William Van Alstyne	57	M	Kinderhook	NY	17	25	28:25	9:09
272	Theresa Currier	36	F	Albany	NY	10	24	28:26	9:09
273	Melissa Naegeli	43	F	Stuyvesant	NY	16	33	28:26	9:10
274	Molly Goodrich	28	F	VALATIE	NY	18	32	28:27	9:10
275	Annie Solomon	56	F	Castletonk	NY	3	9	28:27	9:10
276	Melissa Wojtczak	26	F	Shelburne	VT	19	32	28:28	9:10
277	Christina Mannino	27	F	south burlingto	VT	20	32	28:30	9:11
278	Terry Labbie	33	F	HUDSON	NY	16	29	28:32	9:11
279	Donald Gardener	50	M	CLAVERACK	NY	29	38	28:35	9:12
280	Michael Hall	52	M	albany	NY	30	38	28:37	9:13
281	Annick O'Reilly	34	F	Johnson City	NY	17	29	28:38	9:13
282	John Scott	47	M	NASSAU	NY	16	20	28:38	9:13
283	Jayco Krebs	12	F	SWAN LAKE	NY	12	42	28:39	9:14
284	Michael Hatch	47	M	KINDERHOOK	NY	17	20	28:40	9:14
285	Kerry Golden	11	F	DELMAR	NY	13	42	28:44	9:15
286	Kristin McInerney	11	F	Castleton	NY	14	42	28:44	9:15
287	Michelle Ewert	30	F	GREENVILLE	NY	18	29	28:45	9:16
288	Charlot Browne	16	F	Kinderhook	NY	7	8	28:47	9:16
289	Terry Meltz	47	F	Columbiaville	NY	14	31	28:49	9:17
290	Robin Benziger	50	F	Kinderhook	NY	4	18	28:52	9:18
291	Susan Lesar	55	F	Mechanicville	NY	4	9	28:54	9:19
292	Elaine Flatow	44	F	CASTLETON ON HU	NY	17	33	28:55	9:19
293	Max Flatow	13	M	CASTLETON ON HU	NY	25	44	28:55	9:19
294	Cathy Oldrich	34	F	Valatie	NY	19	29	28:56	9:19
295	Stephanie Bell	45	F	VALATIE	NY	15	31	28:58	9:20
296	Lean Hatch	10	F	KINDERHOOK	NY	15	42	28:58	9:20
297	Karen Casper	52	F	BALLSTON LAKE	NY	5	18	28:58	9:20
298	Alisha Travelpiece	9	F	COHOES	NY	16	42	28:58	9:20
299	Tracy Nytransky	32	F	Hudson	NY	20	29	28:59	9:20
300	sheila Golden	43	F	Delmar	NY	18	33	29:01	9:21

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
301	Andrew Fleck	9	M	CASTLETON ON HU	NY	26	44	29:02	9:21
302	Derrick DeGiulis	10	M	CASTLETON ON HU	NY	27	44	29:04	9:22
303	Emily Roloson	10	F	CASTLETON ON HU	NY	17	42	29:05	9:22
304	Maryse Folmsbee	51	F	CHATHAM	NY	6	18	29:09	9:23
305	James Perry	50	M	Castleton	NY	31	38	29:10	9:24
306	Kenny Marks	29	M	Latham	NY	16	16	29:10	9:24
307	Dave DiGiulio	43	M	Castleton	NY	16	21	29:11	9:24
308	Lexie Keenan	11	F	SCHODACK LANDIN	NY	18	42	29:13	9:25
309	Philip Lance	60	M	Averill Park	NY	3	8	29:13	9:25
310	Michaela Mueller	11	F	Castleton	NY	19	42	29:15	9:25
311	Andrea Faoro	32	F	Slingerlands	NY	21	29	29:15	9:25
312	Lauryn Krupa	11	F	SCHODACK LANDIN	NY	20	42	29:15	9:25
313	Noah Roberts	9	M	CASTLETON ON HU	NY	28	44	29:16	9:25
314	Evan Liberman	11	M	NEW YORK	NY	29	44	29:18	9:26
315	Edwin Simonsen	72	M	VALATIE	NY	1	2	29:19	9:27
316	Aileen Muller	47	F	Castleton on Hu	NY	16	31	29:20	9:27
317	Jan Poznanski	57	M	Castleton	NY	18	25	29:32	9:31
318	Parasram Ramdee	32	M	ROESSLEVILLE	NY	14	17	29:35	9:32
319	Daniel Main III	11	M	Castleton	NY	30	44	29:38	9:33
320	Merry Sheils	60	F	New York	NY	2	6	29:38	9:33
321	Mitchell Heffner	10	M	CASTLETON ON HU	NY	31	44	29:43	9:34
322	George Green	34	M	Albany	NY	15	17	29:43	9:34
323	Allison Pino	32	F	Kinderhook	NY	22	29	29:47	9:36
324	Nan Mullenneaux	46	F	Averill Park	NY	17	31	29:49	9:36
325	Kim Law	51	F	East Greenbush	NY	7	18	29:53	9:38
326	Theodore Fels	50	M	KINDERHOOK	NY	32	38	29:55	9:38
327	David Ahders	40	M	Rennselaer	NY	17	21	29:56	9:38
328	Jennie Schleimer	42	F	Stephentown	NY	19	33	30:02	9:40
329	Benjamin Sherwood	9	M	CASTLETON ON HU	NY	32	44	30:11	9:43
330	Tracy Henry	28	F	Latham	NY	21	32	30:12	9:43
331	michelle schultz	54	F	rensselaer	NY	8	18	30:13	9:44
332	Valerie Perrotte	45	F	Castleton	NY	18	31	30:15	9:44
333	Valerie Camper	47	F	Rensselaer	NY	19	31	30:19	9:46
334	Kim Voltz	53	F	WEST SAND LAKE	NY	9	18	30:23	9:47
335	Donald Meltz	50	M	Columbiaville	NY	33	38	30:32	9:50
336	Jesse Law	15	M	East Greenbush	NY	10	10	30:34	9:51
337	Tim Cooke	12	M	CASTLETON ON HU	NY	33	44	30:35	9:51
338	Elizabeth Roberts	11	F	Castleton	NY	21	42	30:35	9:51
339	Samantha Muller	11	F	CASTLETON ON HU	NY	22	42	30:35	9:51
340	Jennifer Delaney	31	F	AVERILL PARK	NY	23	29	30:36	9:51
341	sibyl Jacobson	66	F	Canaan	NY	2	7	30:37	9:51
342	Kenneth Boynton	55	M	Delmar	NY	19	25	30:38	9:52
343	Michael Pulver	53	M	Kinderhook	NY	34	38	30:42	9:53
344	Gordon Pratt	50	M	KINDERHOOK	NY	35	38	30:53	9:57
345	Jen Colwell	36	F	Claverack	NY	11	24	30:54	9:57
346	Bonnie Newkirk	68	F	Ghent	NY	3	7	30:55	9:57
347	Marlene Pratt	49	F	KINDERHOOK	NY	20	31	30:55	9:57
348	Kelsey Potter	12	F	Castleton	NY	23	42	30:55	9:57
349	James Farrell	11	M	Valatie	NY	34	44	30:56	9:58
350	Bob Franklin	60	M	CASTLETON ON HU	NY	4	8	30:56	9:58

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
351	marybeth Dailey	48	F	Castleton	NY	21	31	30:59	9:59
352	Andrew Fleck	39	M	Castleton	NY	16	18	31:05	10:01
353	Nataly Dee	40	F	KINDERHOOK	NY	20	33	31:11	10:03
354	kim eaton	44	F	castleton	NY	21	33	31:23	10:06
355	Eliza Voltz	14	F	KINDERHOOK	NY	24	42	31:23	10:06
356	Subhadra Reddy	9	F	stuyvesant Fall	NY	25	42	31:24	10:07
357	Richard Draper	59	M	Hudson	NY	20	25	31:25	10:07
358	Christine Mickle	29	F	CHATHAM	NY	22	32	31:26	10:07
359	Jonathan Snyder	11	M	VALATIE	NY	35	44	31:26	10:07
360	Liliana Simon	9	F	GHENT	NY	26	42	31:29	10:08
361	Brian Simon	39	M	GHENT	NY	17	18	31:29	10:08
362	David Lance	19	M	AVERILL PARK	NY	5	8	31:37	10:11
363	Frank Sturgis	59	M	Pittsfield	MA	21	25	31:38	10:11
364	Michael Brenner	69	M	CRARYVILLE	NY	3	3	31:40	10:12
365	Carolee Sherwood	36	F	Castleton	NY	12	24	31:44	10:13
366	Gary Bowitch	50	M	Castleton	NY	36	38	31:46	10:14
367	Lisa Kuklinski	41	F	NEW YORK	NY	22	33	31:50	10:15
368	Bob Ricketson	63	M	Catskill	NY	5	8	31:54	10:16
369	Walt Michaud	52	M	Valatie	NY	37	38	31:58	10:18
370	Issac Nelson	30	M	VALATIE	NY	16	17	31:59	10:18
371	Richard Martin	12	M	VALATIE	NY	36	44	32:00	10:18
372	Kyung Cozza	26	F	Hudson	NY	23	32	32:01	10:19
373	Christina Schober	28	F	Hillsdale	NY	24	32	32:02	10:19
374	geraldine nabozny	51	F	valatie	NY	10	18	32:03	10:19
375	Hilary Clauss	42	F	VALATIE	NY	23	33	32:04	10:19
376	john conway	58	M	rensselaer	NY	22	25	32:04	10:20
377	John Lichak	56	M	Nassau	NY	23	25	32:06	10:20
378	Debbie Brown	67	F	Castleton	NY	4	7	32:12	10:22
379	Jake Newhoff	15	M	KINDERHOOK	NY	6	8	32:14	10:23
380	Amanda Hammell	29	F	Castleton	NY	25	32	32:18	10:24
381	Julie Pullen	29	F	Hudson	NY	26	32	32:20	10:25
382	Jessica Hogan	9	F	CASTLETON ON HU	NY	27	42	32:21	10:25
383	Christina Yager	41	F	Castleton	NY	24	33	32:24	10:26
384	Janet Starace	53	F	New River	AZ	11	18	32:25	10:26
385	Erika Hover	27	F	HUDSON	NY	27	32	32:27	10:27
386	Kimberly Schultheis	38	F	Rensselaer	NY	13	24	32:37	10:30
387	Kelly Honsinger	38	F	Castleton	NY	14	24	32:38	10:31
388	Rick Ellis	38	M	HUDSON	NY	18	18	32:42	10:32
389	Lynn Brown	46	F	CHATHAM	NY	22	31	32:43	10:32
390	Sheila Cramer	47	F	Stuyvesant	NY	23	31	32:50	10:35
391	Jim McDonald	56	M	Valatie	NY	24	25	32:51	10:35
392	Bill Weiss	59	M	CHATHAM	NY	25	25	32:54	10:36

393	Jacque Vincent	52	F	Kinderhook	NY	12	18	32:55	10:36
394	Morgan Percey	11	F	CASTLETON ON HU	NY	28	42	32:55	10:36
395	Caitlin Arndt	22	F	Belleville	NJ	7	12	32:56	10:36
396	Willie Costello	22	M	Valatie	NY	11	12	32:57	10:37
397	Anna Plourde	42	F	VALATIE	NY	25	33	32:59	10:37
398	Garrett Renslow	10	M	CASTLETON ON HU	NY	37	44	33:00	10:38
399	Phoebe Dortic	11	F	Schodack Landin	NY	29	42	33:06	10:40
400	Erik Samarija	42	M	Castleton	NY	18	21	33:07	10:40

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	====	=	=====	==	=====	=====	=====	=====
401	Cate Tully	54	F	Catleton	NY	13	18	33:11	10:41
402	Jim Krupa	47	M	SCHODACK LANDIN	NY	18	20	33:11	10:41
403	Jennifer Brennan	38	F	VALATIE	NY	15	24	33:12	10:41
404	Barbara Matrese	54	F	RENSSELAER	NY	14	18	33:12	10:41
405	James Israel	64	M	BROOKLYN	NY	6	8	33:13	10:42
406	Madison Bryda	9	F	NASSAU	NY	30	42	33:15	10:43
407	Lisa Bryda	41	F	NASSAU	NY	26	33	33:25	10:46
408	Jillian Fenton	23	F	GHENT	NY	8	12	33:26	10:46
409	Alicia Novak	22	F	KINDERHOOK	NY	9	12	33:29	10:47
410	Emily McHugh	21	F	VALATIE	NY	10	12	33:30	10:47
411	Funmi Kasali	29	F	ROESSLEVILLE	NY	28	32	33:32	10:48
412	Andrea Liss	10	F	CASTLETON ON HU	NY	31	42	33:34	10:49
413	Drucilla Maxwell	51	F	HUDSON	NY	15	18	33:46	10:52
414	Melissa Jostlin	29	F	NIVERVILLE	NY	29	32	33:48	10:53
415	Helena Mueller	11	F	Castleton	NY	32	42	33:55	10:55
416	James Conklin	61	M	Walworth	NJ	7	8	33:55	10:55
417	ANNE TOMMASO-HINSKE	48	F	SHOREWOOD	IL	24	31	34:11	11:01
418	Colette Dowling	12	F	Castleton	NY	33	42	34:15	11:02
419	Brenda Fish	43	F	CASTLETON ON HU	NY	27	33	34:15	11:02
420	Gary Roberts	40	M	CASTLETON ON HU	NY	19	21	34:24	11:05
421	Sonia Meyer	35	F	Valatie	NY	16	24	34:33	11:07
422	Christina Zessin	28	F	East Greenbush	NY	30	32	34:35	11:08
423	Mary Burns	57	F	Cohoes	NY	5	9	34:39	11:10
424	Lucy Burgess	8	F	New Lebanon	NY	34	42	34:42	11:11
425	Victoria Burgess	50	F	New Lebanon	NY	16	18	34:45	11:11
426	Kara Nytransky	32	F	Hudson	NY	24	29	35:22	11:23
427	Ann Scharoun	60	F	VALATIE	NY	3	6	35:36	11:28
428	Theresa Lux	41	F	NIVERVILLE	NY	28	33	35:39	11:29
429	Mary Egan	48	F	Albany	NY	25	31	35:43	11:30
430	Anne Krizar	41	F	Valatie	NY	29	33	35:49	11:32
431	Doug McGivney	71	M	Kinderhook	NY	2	2	36:09	11:38
432	Judy Weiss	64	F	CHATHAM	NY	4	6	36:14	11:40
433	Mary Hill	67	F	CASTLETON ON HU	NY	5	7	36:25	11:44

434	Kaulini Reddy	13	F	stuyvesant fall	NY	35	42	36:33	11:46
435	Anne Connor	49	F	HUDSON	NY	26	31	36:42	11:49
436	Jackie Conkling	48	F	WEST SAND LAKE	NY	27	31	36:46	11:50
437	Emily Zeh	17	F	niverville	NY	8	8	36:56	11:53
438	Mark Doleski	45	M	HILLSDALE	NY	19	20	37:07	11:57
439	AnnMarie Callander	37	F	KINDERHOOK	NY	17	24	37:15	12:00
440	Joseph W. Pulver	41	M	CASTLETON ON HU	NY	20	21	37:24	12:03
441	Anita Kliment	37	F	Valatie	NY	18	24	37:34	12:06
442	Cassandra Hunter	10	F	SCHODACK LANDIN	NY	36	42	37:45	12:09
443	Gina Baldwin	36	F	DELMAR	NY	19	24	37:45	12:09
444	Amy Klugman	40	F	DELMAR	NY	30	33	37:45	12:09
445	Daphne Weisbart	46	F	Claverack	NY	28	31	38:00	12:14
446	Amanda Knamm	26	F	Rome	NY	31	32	38:07	12:16
447	Kelli Cavagnaro	23	F	VALATIE	NY	11	12	38:17	12:20
448	Christie Borovich	20	F	CHATHAM	NY	12	12	38:20	12:21
449	Addy Hoffman	9	F	Castleton	NY	37	42	38:46	12:29
450	Allison Green	32	F	Albany	NY	25	29	38:46	12:29

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Record Tim Caramore 15:23 (2007), Mollie DeFrancesco 16:38 (2003)

Place	Name	Age	S	City	St	Divpl	Divto	Time	Pace
=====	=====	===	=	=====	==	=====	=====	=====	=====
451	David Ogden	15	M	KINDERHOOK	NY	7	8	38:48	12:30
452	Celia Gagnon	9	F	KINDERHOOK	NY	38	42	38:49	12:30
453	Leah Meredith	9	F	KINDERHOOK	NY	39	42	38:53	12:31
454	Arlene McGuane	36	F	Castleton	NY	20	24	38:55	12:32
455	Elizabeth Kunhardt	45	F	Brainard	NY	29	31	39:37	12:45
456	Seema Sharma	29	F	ROESSLEVILLE	NY	32	32	39:38	12:46
457	Brett Duclos	20	M	Menands	NY	12	12	39:44	12:48
458	Kyle Meredith	11	M	KINDERHOOK	NY	38	44	40:41	13:06
459	Patrick McGuane	9	M	CASTLETON ON HU	NY	39	44	41:00	13:12
460	SUSAN MEGNA	59	F	CASTLETON	NY	6	9	41:03	13:13
461	Maria Lally Clark	49	F	Valatie	NY	30	31	41:15	13:17
462	Anna O'Shea	6	F	VALATIE	NY	40	42	41:18	13:18
463	Amy O'Shea	42	F	VALATIE	NY	31	33	41:50	13:28
464	LUDIA BOOTH	58	F	CHATHAM	NY	7	9	41:50	13:28
465	Lisa Willson	39	F	VALATIE	NY	21	24	42:20	13:38
466	Christine McGuirk	36	F	VALATIE	NY	22	24	42:41	13:45
467	Eliot Milot	9	M	CASTLETON ON HU	NY	40	44	42:50	13:48
468	Skylar Riccardi	10	F	CASTLETON ON HU	NY	41	42	43:05	13:53
469	Sanford Fels	9	M	KINDERHOOK	NY	41	44	43:19	13:57
470	Felix Johnson	9	M	Kinderhook	NY	42	44	43:20	13:57
471	Robert Muller	51	M	Castleton on Hu	NY	38	38	43:21	13:58
472	Kalyn Fleck	38	F	Castleton	NY	23	24	43:31	14:01
473	Kerry Kakule	39	F	Troy	NY	24	24	43:52	14:07
474	David Fuller	58	F	VALATIE	NY	8	9	43:54	14:08

475	Peg Warner	66	F	KINDERHOOK	NY	6	7	43:57	14:09
476	Tristan Byrnes	13	M	KINDERHOOK	NY	43	44	45:28	14:39
477	Chris Byrnes	46	F	KINDERHOOK	NY	31	31	45:40	14:42
478	James Vincent	62	M	Kinderhook	NY	8	8	46:41	15:02
479	Stephanie Bulan	34	F	KINDERHOOK	NY	26	29	46:46	15:04
480	Lori Ogden	33	F	VALATIE	NY	27	29	46:47	15:04
481	Aidan O'Reilly	6	M	Johnson City	NY	44	44	47:51	15:25
482	Brendan O'Reilly	32	M	Johnson City	NY	17	17	47:52	15:25
483	Jane Rose	70	F	East Greenbush	NY	1	1	49:41	16:00
484	Marilynne Samson	62	F	Utica	NY	5	6	50:05	16:08
485	Barbara Gallagher	65	F	Hannacroix	NY	7	7	50:06	16:08
486	Sara Murray	32	F	STUYVESANT	NY	28	29	50:56	16:24
487	Jennifer Welcome	32	F	East Greenbush	NY	29	29	50:56	16:24
488	Gilles Gagnon	46	M	EAST GREENBUSH	NY	20	20	51:50	16:41
489	Ruth Gagnon	64	F	EAST GREENBUSH	NY	6	6	51:51	16:42
490	Janice Fuda	43	F	VALATIE	NY	32	33	52:04	16:46
491	Brenda Johnson	42	F	STUYVESANT	NY	33	33	52:05	16:46
492	Mary Cook	50	F	KINDERHOOK	NY	17	18	52:06	16:46
493	Sharon Matuszek	57	F	CHATHAM	NY	9	9	56:24	18:09
494	Debra Pierce	51	F	HUDSON	NY	18	18	1:00:37	19:31
495	Zachary Pinkowski	16	M	VALATIE	NY	8	8	1:01:59	19:57
496	Phoebe Johnson	5	F	Kinderhook	NY	42	42	1:14:42	24:03
497	Todd Johnson	44	m	Kinderhook	NY	21	21	1:14:42	24:03

