



OK5K RACE APPLICATION FORM
(online registration preferred, please visit www.ok5krace.com)

Register by May 31st on or after June 1st

\$25.00 General Entry	\$30
\$15.00 Students (18 and under)	\$22

PACKET PICKUP: Friday, June 9th 5:00-7:00 PM, Community Bank Lawn –Village Square and Saturday, June 10th – Village Square: 7– 8:30 AM.

RACE DAY REGISTRATION UNTIL 8:30 AM.
 AWARDS: Overall Male/ Female and 5-year Age Groups – 1st, 2nd & 3rd (no duplicates).

Ages: 4 to 12
FREE OK 1 MILE RUN
 Time - 8:15 AM – Finishers’ Medals for all. Starts in Village Square.
 Sign up and waiver at Registration tent pre-race.

LIBRARY READING RAMBLE
 Ages: Under 6 Time - 8:40 AM – Flag Pole to Library Dash Meet @ Kinderhook Library for same day sign up. Free.

Proceeds from the OK5K has provided over \$142,000 to local non-profit organizations

REGISTER ONLINE OR PLEASE PRINT CLEARLY AND MAIL TO: OK5K, PO Box 100, Kinderhook, NY 12106 (checks payable to: KRC / OK5K)

[] 5K [] Kids Run (1 mile)

5K RUNNERS ONLY, INDICATE PREFERRED SIZE FOR SHIRT

[] SMALL [] MEDIUM [] LARGE [] EXTRA LARGE [] NO SHIRT

Name _____ Birthdate ____/____/____ Age _____

Street _____ City _____ State _____ Zip _____

Phone _____ Male [] Female []

Email address _____

I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all such risks being known, appreciated, and accepted by me and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the OK5K, race organizers, the village of Kinderhook, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purposes. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is canceled before or during the event.

Signature: _____ Date: _____

Parent’s Signature (under 18) : _____ Date: _____